



PERSONAL INFORMATION:

Surname	: (Garagouni - Areou			
Name	: F	Fotini			
Father' s name	: (Odysseus			
Date of birth	: (October 6, 1977			
Place of birth	: 4	Athens			
Marital startus	: 1	Married, mother of 2 children			
Residential address	: 9	9 Dionisou str., Volos, Greece			
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	C	Childhood Education, University of Thessaly, Greece)			
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PROFESSIONAL STATUS:

2017 - today	:	Laboratory Teaching Staff at the Department of Early Childhood Education of											
		the	University	of	Thessaly.	Subject:	"Applied	Preschool	Pedagogy	in			
		Practicum"											

2007-2017 : Preschool teacher in Greek public schools (2007-2008, 2013-2015) and Trainer of undergraduate Preschool Education students of the University of Thessaly (2008-2012, 2015-2016)

<u>STUDIES:</u>

- 2006 : Doctoral degree in Educational Technology from the Department of Primary Education of the University of Thessaly. PhD Thesis title: *"The effect of computer use in the behaviour and academic achievement of primary school pupils with attention deficit hyperactivity disorder symptoms"*
- 1999 : Bachelor's degree in Preschool Education from the Department of Preschool Education of the University of Thessaly

KNOWLEDGE OF FOREIGN LANGUAGES:

- Cambridge English: Advanced (CAE), University of Cambridge
- Certificat de Langue Française (ASSEZ-BIEN)

TEACHING EXPERIENCE

- I have worked as a preschool teacher in Greek public schools and as a trainer of undergraduate Preschool Education students of the University of Thessaly.
- I have taught in under and post graduate university courses at the two Departments of Education of the University of Thessaly.

PARTICIPATION IN RESEARCH PROJECTS:

- Participation in the Open and Distance Education program "DEMETER", Open and Distance Learning (ODL – Socrates), which was developed on the basis of the network ITE, in which 15 European universities work together on the internationalization and the import of innovations in the teachers' education. I participated in the program from April to June 1998.
- Participation in the research program "KASTALIA" (OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING" – NAYSIKA): "Dialogic multimedia learning environment for an exploratory study of History and Art with the use of historical sources". I participated in the program from 20/9/1999 to 20/2/2000.

Scientific coordinator: Professor C. Solomonidou

- Participation in the research program, which was funded by the DIMOKRITOS INSTITUTE: "Nutritional habits: educational program in biology, psychology and the delusion of advertisement". I participated in the program from November 1999 to November 2000. Scientific coordinator: Professor S. Piperakis
- Participation in the research program OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING" – RESEARCH: "Study of models of import and evaluation of educational technology in Primary and Secondary Education". I participated in the program from 1/1/2000 to 31/3/2000.
 - 5. Scientific coordinator: Professor C. Solomonidou
- Participation in the research program OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING" – ODYSSEY: "The island of Faiakes: A pilot educational exploitation of the network and the computational technology in Elementary Schools". I participated in the program from 2000 to 2001.

7. Scientific coordinator: Professor C. Solomonidou

8. Participation in the research program, which was funded by the University of Thessaly Research Committee: **"The potentialities of the optimal exploitation of the computer in pupils with attention deficit symptoms: A study in primary schools".** I participated in the program from 1/1/2001 to 31/12/2001.

Scientific coordinator: Professor D. Kakana

 Participation in the research program OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING": "Academic and professional upgrade of pre-school educators 2002-2005 of the Department of Preschool Education of the University of Thessaly". I participated in the program from 1/12/2002 to 31/9/2003.

Scientific coordinator: Professor V. Anagnostopoulos

10. Participation in the research program OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING": "New learning environments and development of teaching materials". I participate in the program from 20/7/2003 to 31/8/2007.

Scientific coordinator: Professor H. Stavridou

- 11. Participation in the research program, which was funded by the University of Thessaly Research Committee: "Educational intervention program for the confrontation of aggressive behaviour in school". I participated in the program from 1/1/2004 to 31/6/2004. Scientific coordinator: Professor H. Andreou
- 12. Participation in the research program OPERATIONAL PROGRAM "EDUCATION AND INITIAL VOCATIONAL TRAINING": "HRAKLEITOS: The effect of computer use on the behaviour and academic performance of primary school pupils with Attention Deficit Hyperactivity Disorder symptoms". I participate in the program from 8/11/2002 to 31/12/2006. Scientific coordinator: Professor C. Solomonidou
- 13. Participation in the research program, which was funded by the University of Thessaly Research Committee: "**Student teachers' memories about teaching and learning**". I participated in the program from 16/10/2012 to 16/10/2014.

Scientific coordinator: Professor D. Kakana

- Participation in the research program funded by the EEA Grants: "Teacher support confronting social inequalities - TOCSIN". I participated in the program from 10/9/2015 to 30/4/2016. Scientific coordinator: Professor D. Kakana
- 15. Participation in the Erasmus+ project **"MUTUAL (Multilingual and multicultural learning in early years" (https://mutual.erasmus-projects.eu/).** I participated in the program from 1/9/2018 to 30/8/2019.

Scientific coordinator: Emeritus Professor E. Houstis

SCIENTIFIC PUBLICATIONS

DOCTORAL DISSERTATION:

1. Garagouni-Areou, F. (2006). The effect of computer use in the behaviour and academic achievement of primary school pupils with attention deficit hyperactivity disorder symptoms. Unpublished Doctoral Dissertation. Department of Primary Education, University of Thessaly (in Greek).

PUBLICATIONS IN INTERNATIONAL SCIENTIFIC JOURNALS (peer reviewed):

- Kakana, D., Roussi–Vergou, C. J., <u>Garagouni-Areou, F.</u>, Mavidou, A., Manoli, P., Theodosiou, S., Chatzopoulou, K., Androussou, A., Tsafos, V. & S. Avgitidou (2017). Mapping the impact of economic crisis on Greek education: Teachers' views and perspectives. *International Journal of Humanities and Social Science*, 7 (3), pp. 135-145.
- 3. Kakana, D., Roussi-Vergou, C., <u>Garagouni-Areou, F.</u> & Mavidou, A. (2015). Episodic memories among first and fourth graders early childhood university student teachers concerning teachers' behaviors: a mixed method approach. *International Journal of Education and Practice, 3 (1),* pp. 48-65.
- 4. Nikolakopoulou, A., <u>Garagouni–Areou, F.</u>, Roussi-Vergou, C. & Zafiropoulou, M. (2013). Schoolchildren's familiarisation with the meaning of loss and death: the role of theatrical games. *International Journal of Child Health and Human Development, 6* (2), pp. 217-222.

- Piperakis, S. M., Papanikolaou, M., <u>Garagouni-Areou, F.,</u> Kritsi, A., <u>Iakovidou-Kritsi</u>, Z. & Roussi, C. (2010). Greek elementary school children's beliefs about long-term effects of drinking and smoking. *Journal of Science Education*, 1 (11), pp. 13-16.
- Piperakis, S. M., Thanou, A., <u>Garagouni-Areou, F.</u>, Kouziokas, K. & Zafiropoulou, M. (2009). Design, implementation and assessment of an innovative anti-Smoking preventive program in Greek preschool children. *International Public Health Journal*, 1 (1) pp. 67-79.
- Koroni, M., <u>Garagouni-Areou, F.</u>, Roussi-Vergou, C.J., Zafiropoulou, M. & Piperakis, S.M. (2009). The stigmatization of obesity in children: A survey in Greek elementary schools. *Appetite*, 52 (1), pp. 241-244 (doi:10.1016/j.appet.2008.09.006).
- 8. Piperakis, S.M., Kritsi, A., <u>Garagouni-Araiou, F.</u> & Gialama, X. (2008). A survey on the knowledge, attitude and behavior of Greek elementary school students about oral health and dental care. *Pediatric Dental Journal*, 18 (2), pp. 1-9.
- Piperakis, S. M., <u>Garagouni-Araiou, F.,</u> Argyracouli, E., Piperakis, A. S., Iakovidou-Kritsi, Z. & Triga, A. (2008). A survey on smoking habits and attitudes among adolescents in Greece. *International Journal of Adolescent Medicine and Health*, 20 (1), pp. 63-71.
- 10. Piperakis, S. M., Triga, A., Papanikolaou, M., <u>Garagouni-Areou, F.</u> & Roussi, C. (2008). Drinks and teeth hygiene: A school-based survey of children's preferences of soft drinks and knowledge of dental health. *Journal of Science Education*, 1 (9), pp. 32-36.
- Piperakis, S. M., <u>Garagouni-Areou, F.,</u> Triga, A., Piperakis, A. S., Argyracouli, E., Thanou, A., Papadimitriou, V., Gourgoulianis, K. & Zafiropoulou M. (2007). A survey of Greek elementary school students' smoking habits and attitudes. *International Electronic Journal of Health Education*, 10, pp. 150-159 [Online]. Available: http://www.aahperd.org/iejhe/2007.
- Solomonidou, C., <u>Garagouni-Areou, F.</u> & Zafiropoulou, M. (2004). Information and Communication Technologies (ICT) and pupils with Attention Deficit Hyperactivity Disorder (ADHD) symptoms: do the software and the instruction method affect their behavior? *Journal of Educational Multimedia and Hypermedia* (edited by AACE), 13(2), pp. 109-128 [Online]. Available: http://dl.aace.org/15337.

PUBLICATIONS IN INTERNATIONAL CONFERENCE PROCEEDINGS (peer reviewed):

- <u>Garagouni-Areou, F.</u> & Solomonidou, C. (2005). An ongoing research on the behavior of pupils with ADHD symptoms while working with ICT. In P. Kommers & G. Richards (Eds.) *Proceedings of ED-Media* 2005-World Conference on Educational, Multimedia, Hypermedia & *Telecommunications*, Montreal, Canada, June 27–July 2 2005, v. 2, pp 1130-1138.
- 14. <u>Garagouni-Areou, F.</u> & Solomonidou, C. (2004). Towards the design of educational environments adapted to the needs of students with Attention Deficit Hyperactivity Disorder (ADHD) symptoms. In L. Cantoni & C. McLoughlin (Eds.) *Proceedings of ED-Media 2004 -World Conference on Educational, Multimedia, Hypermedia & Telecommunications,* Lugano, Switzerland, June 2004, v. 5, pp. 4446-4451.
- 15. <u>Garagouni-Areou, F.</u> & Solomonidou, C. (2003). Primary school pupils with Attention Deficit Hyperactive Disorder (ADHD) symptoms working with ICT: the role of educational software, learning activities, and collaborative work. In C. Stephanidis (ed.) *Proceedings of HCI International 2003, Universal Access in HCI. Inclusive Design in the Information Society,* v. 4, pp. 832-836. Crete, Greece, June 2003. Lawrence Erlbaum Associates Publishers.

CHAPTERS IN BOOKS:

- 16. Nikolakopoulou, A., <u>Garagouni–Areou, F.</u>, Roussi-Vergou, C. & Zafiropoulou, M. (2014). Theatrical games: Schoolchildren and familiarisation with the meaning of loss and death. In J. Merrick, A. Tenenbaum & H.A. Omar (Eds) *School, Adolescence and Health Issues*, chapter 12, pp 109-116. New York: Nova Science Publishers.
- 17. Solomonidou, C. & <u>Garagouni-Areou, F.</u> (2005). A research method to study the behavior of pupils with Attention Deficit Hyperactivity Disorder (ADHD) symptoms working on the computer. In G. Chiazzese, M. Allegra, A. Chifari & S. Ottaviano (Eds.) *Methods and Technologies for Learning*, pp. 569-575. UK: WIT Press.

ORAL PRESENTATIONS IN INTERNATIONAL CONFERENCES:

- 18. Kakana, D., Chatzopoulou, K., <u>Garagouni-Areou, F.,</u> Manoli, P., Mavidou, A., Roussi-Vergou, C., Theodosiou, S., Avgitidou, S., Androussou, A. & Tsafos, V. (2016)."The effect of financial crisis in Greek primary education: How does poverty affect children, parents and teachers in Greece" in the International Symposium on New Issues in Teacher Education (ISNITE2016) (Finland, 30 Auγ-1 Σεπτ. 2016).
- 19. Roussi-Vergou, C., <u>Garagouni-Areou, F.</u>, Mavidou, A. & Kakana, D. (2015). "The academic teacher as a Practical Training Supervisor: Towards a quality guide of good practices" in the International Symposium on New Issues in Teacher Education (ISNITE 2015) (Βόλος, 1-13 Σεπτεμβρίου 2015).
- 20. Kakana, D., Kapachtsi, V. & <u>Garagouni-Areou, F. (</u>2013)."The training of teachers in a School Unit"" in the International Symposium, New Issues on Teacher Education (ISNITE2013) (Τουρκία, 9-11 Μαΐου 2013).
- 21. Kakana, D., Roussi-Vergou, C., <u>Garagouni-Areou, F.</u> & Mavidou, A. (2013). "Episodic Memories Among First And Fourth Graders Early Childhood University Student Teachers: Does Training Make A Difference?" in the International Symposium, New Issues on Teacher Education (ISNITE2013) (Τουρκία, 9-11 Μαΐου 2013).
- 22. Triga, A., <u>Garagouni-Areou, F.</u>, Papanikolaou, M., Roussi, C. & Piperakis, S.M. (2007). "A survey on Greek students' soft drinks preferences and their knowledge of the dental health problems" in ESERA 2007, Sweden, 21-25 August 2007.
- Piperakis, S.M., Triga, A., <u>Garagouni-Areou, F.</u>, Argyracouli, E., Piperakis, A.S. & Zafiropoulou, M. (2007). "A quantitative analysis of smoking habits among Greek adolescents" in ESERA 2007, Sweden, 21-25 August 2007.
- 24. Andreou, E., Didasklalou, E., <u>Garagouni–Areou, F.</u> & Vlachou, A. (2004). "Factors associated with bullying and victimization among peers in Greek primary schools" in the European Conference on Educational Research 2004 (Κρήτη, 22-25 Σεπτεμβρίου 2004).

SCIENTIFIC RECOGNITION:

There are overall 113 references on my scientific papers (source: <u>https://scholar.google.com/citations?user=B45A9vcAAAAJ&hl=el</u>).